

Nursery Menu

CHOOSE 1
From either
SOUP or
DESSERT



CHOOSE 1
MAIN or
DELI CLUB
COURSE



VEG OF
THE DAY or
SALAD AND
VEG POTS




Daily Fresh Milk or
Milk Alternative (V)(Ve)



Week 1		17 April, 8 May 29 May, 19 June, 28 August, 18 September, 9 October				
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup			Lentil Soup (Ve)		Vegetable Soup (Ve)	
Main Choice Both main choices come with seasonal vegetables	Traditional	Macaroni Cheese and Garlic Bread (V)	Chicken Fried Rice and Curry Sauce	Roast Chicken with Gravy, Yorkshire Pudding and Boiled Potatoes	Lasagne	Fish Fingers with Boiled Potatoes
	Plant Based or Meat Free	Spinach, Sweet Potato and Lentil Dahl with Rice (Ve)	Vegetable Fried Rice and Curry Sauce (Ve)	Vegetable Roast with Gravy and Boiled Potatoes (Ve)	Vegetable Lasagne (Ve)	Vegetable Stir Fry with Noodles (Ve)
Deli Club All Deli choices come with a selection of salad and vegetable pots		Salmon Finger Wrap	Cheese and Tomato Pizza (V)	Cheese Panini (V)	Chicken Goujon Wrap	Baked Potato with Beans and/or Cheese (V)
		Baked Potato, Sandwich or Wrap	Baked Potato, Sandwich or Wrap	Baked Potato, Sandwich or Wrap	Baked Potato, Sandwich or Wrap	Sandwich or Wrap
		Cheese (V) Tuna Mayo Coronation Chickpeas (Ve)	Cheese (V) Sliced Chicken BBQ Chickpeas (Ve)	Cheese (V) Tuna Mayo Salad (Ve)	Ham Egg Mayo (V) Coronation Chickpeas (Ve)	Cheese (V) Sliced Chicken BBQ Chickpeas (Ve)
Dessert Both desserts come with a choice of fresh fruit		Chocolate Brownie (V)	Crackers and Cheese (V) or (Ve)	Shortbread (Ve)	Crackers and Cheese (V) or (Ve)	Ice Cream and Fresh Fruit (V)
		Fruit Yoghurt (V) or (Ve)	Fruit Yoghurt (V) or (Ve)	Fruit Yoghurt (V) or (Ve)	Fruit Yoghurt (V) or (Ve)	Fruit Yoghurt (V) or (Ve)

Week 2		24 April, 15 May, 5 June, 26 June, 4 September, 25 September				
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup			Lentil Soup (Ve)		Vegetable Soup (Ve)	
Main Choice Both main choices come with seasonal vegetables	Traditional	Sausage Roll with Boiled Potatoes	Macaroni Cheese and Garlic Bread (V)	Beef Casserole with Mashed Potatoes	Spaghetti Bolognese with Garlic Bread	Breaded Fish with Boiled Potatoes
	Plant Based or Meat Free	Potato Topped Mixed Bean Pie (Ve)	Italian Tomato Pasta with Garlic Bread (Ve)	Roast Vegetable and Bean Parcels with Mashed Potatoes (Ve)	Vegetable Bolognese with Garlic Bread (Ve)	BBQ Vegetable Wrap (Ve)
Deli Club All Deli choices come with a selection of salad and vegetable pots		Cheese and Tomato Pizza (V)	Pork Burger Roll	Fish Finger Wrap	Baked Potato with Beans and/or Cheese (V)	BBQ Chicken Wrap
		Baked Potato, Sandwich or Wrap	Baked Potato, Sandwich or Wrap	Baked Potato, Sandwich or Wrap	Sandwich or Wrap	Baked Potato, Sandwich or Wrap
		Cheese and Beans (V) Ham Salmon Mayo BBQ Chickpeas (Ve)	Cheese (V) Tuna Mayo Coronation Chickpeas (Ve)	Sliced Chicken Cheese (V) Salad (Ve)	Sliced Chicken Cheese (V) BBQ Chickpeas (Ve)	Cheese and Beans (V) Sliced Chicken Tuna Mayo Coronation Chickpeas (Ve)
Dessert Both desserts come with a choice of fresh fruit		Flapjack (Ve)	Crackers and Cheese (V) or (Ve)	Ice Cream and Fresh Fruit (V)	Crackers and Cheese (V) or (Ve)	Vanilla Sponge and Custard (V) or (Ve)
		Fruit Yoghurt (V) or (Ve)	Fruit Yoghurt (V) or (Ve)	Fruit Yoghurt (V) or (Ve)	Fruit Yoghurt (V) or (Ve)	Fruit Yoghurt (V) or (Ve)

Week 3		1 May, 22 May, 12 June, 21 August, 11 September, 2 October				
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup			Lentil Soup (Ve)		Vegetable Soup (Ve)	
Main Choice Both main choices come with seasonal vegetables	Traditional	Macaroni Cheese and Garlic Bread (V)	Chicken Tikka Curry with Rice	Roast Beef with Gravy, Yorkshire Pudding and Boiled Potatoes	Chicken Carbonara with Garlic Bread	Fish Fingers with Boiled Potatoes
	Plant Based or Meat Free	Bean Chilli with Rice (Ve)	Chickpea Tikka Curry with Rice (Ve)	Vegetable Roast with Gravy and Boiled Potatoes (Ve)	Mushroom Carbonara with Garlic Bread (Ve)	Vegetable Fajita Wrap (Ve)
Deli Club All Deli choices come with a selection of salad and vegetable pots		Baked Potato with Beans and/or Cheese (V)	Breaded Chicken Burger	Cheese Panini (V)	Cheese Burger Roll	Chicken Fajita Wrap
		Sandwich or Wrap	Baked Potato, Sandwich or Wrap	Baked Potato, Sandwich or Wrap	Baked Potato, Sandwich or Wrap	Baked Potato, Sandwich or Wrap
		Sliced Chicken Salmon Mayo Coronation Chickpeas (Ve)	Ham Egg Mayo (V) BBQ Chickpeas (Ve)	Cheese (V) Tuna Mayo Salad (Ve)	Cheese (V) Sliced Chicken Coronation Chickpeas (Ve)	Cheese and Beans (V) Cheese (V) Sliced Chicken BBQ Chickpeas (Ve)
Dessert Both desserts come with a choice of fresh fruit		Chocolate Brownie (V)	Crackers and Cheese (V) or (Ve)	Ice Cream (V) and Fresh Fruit	Crackers and Cheese (V) or (Ve)	Empire Biscuit (Ve)
		Fruit Yoghurt (V) or (Ve)	Fruit Yoghurt (V) or (Ve)	Fruit Yoghurt (V) or (Ve)	Fruit Yoghurt (V) or (Ve)	Fruit Yoghurt (V) or (Ve)

🌱 All items vegan except where stated (V) vegetarian

For more information visit www.dgschoolmeals.co.uk

Think Allergy!

Natasha's Law

Natasha's Law came into force on 1 October 2021.

Natasha's Law has been introduced to protect allergy sufferers and give them confidence in the food they buy.

We would advise all parents to register any allergens, medical or prescribed diets as soon as possible.

Forms available from the school office.

Specific dietary requirements

If you have specific dietary requirements, please inform your school as soon as possible. Special dietary requirements will be managed in a way that is realistic to the catering section and pupil and therefore it may not be possible to accommodate all desired requirements.

Food Allergies and Intolerances:

Before you order your food and drink, please speak to a member of the Catering Team if you want to know about the ingredients we use.



Our school meals service delivers innovative and nutritious meals to pupils across the region to suit every appetite!

From Nursery to Secondary School, we have developed menus with our pupils in mind. Our Wee Dee Gee brand in nurseries and primary schools helps our youngest customers to foster a good relationship with food as well as educating them about where it comes from. In our secondary schools, we launched our Globetrotter brand to give pupils more choice than ever before.

We use as much non-processed ingredients as we can for example: fresh or frozen fruit and vegetables, meat, fish, rice and pulses.

We also use local produce such as milk, cheese and bread in our school menus.

We are committed to ensuring we use only the best produce; therefore, all our supplier contracts go out to tender. This allows us to give local smaller businesses the opportunity to gain contracts with us.

All of our suppliers have a HACCP principle (Food Safety) plan in place to ensure that potential hazards in the food production process are controlled and prioritised.

The school meals service must follow the legislation for school meals as set by the Scottish Government.

This legislation was introduced to assist in combating obesity in our children and young people.

For more information:

Healthy eating in schools: guidance 2020 - gov.scot (www.gov.scot)

Nursery SCHOOL MEALS

Spring/Summer

try them. You'll love them



Dumfries & Galloway COUNCIL

WEE DEE GEE'S DINER

Wee Dee Gee makes lunchtime exciting for our younger customers, in both nursery and primary school, helping them to build a healthy and positive relationship with food!



Free School Meals

Free School Meals for all children in Primary 1 – 5

Every child at a Dumfries and Galloway Council school can get free school lunches during term-time if they are in primary 1 to 5. This applies to all children - your family's financial circumstances do not matter.



Your child can get free meals in school if you get:

- Universal Credit (where your monthly earned income is not more than £625)
- Income Support
- Income-based Job Seeker's Allowance
- Income-based Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999

Your child is also entitled to free school lunches if you get:

- Child Tax Credit, but not Working Tax Credit, and your income is less than £16,105
- Both Child Tax Credit and Working Tax Credit and have an income of up to £7,500

Free lunches for children at nursery

Children in early learning and childcare can get free lunches only if they have a funded place. Your child can also get a free lunch in early learning and childcare if you get any of the benefits above. **Contact your childcare provider to find out more.**

For more information visit www.dgschoolmeals.co.uk