



**Challenge Poverty Week 2021**

**Friday 08.10.2021**

**Dumfries and Galloway – Period Dignity Project**

Dumfries and Galloway Council together with the Scottish Government, greatly expanded their Period Poverty support during the Covid 19 Pandemic to ensure that we could continue to meet those in need. We know that the costs of period products vary greatly throughout our Region and we want to ensure that no one suffers in anyway through not having enough income to purchase these essential products.

This project had previously been delivered in all Primary and Secondary Schools throughout our Region and we developed a new online Ordering System for anyone in need to access which provides a monthly delivery to the home address of anyone requiring support.

Anyone who menstruates regardless of age, that lives in Dumfries and Galloway, can order sanitary products of their choice to help them at this time.

All you need to do is to log onto the following link which will take you to the web page where you can place your order for these free products. You can also amend your order at anytime too.

[SupportDG - Dumfries and Galloway Council - Access to free sanitary products - Period Dignity Project \(dumgal.gov.uk\)](https://www.dumgal.gov.uk/supportdg)

If you have any problems accessing this site or any queries on this Project, please contact Wendy Jesson, Anti-Poverty Officer on 0788 094 2909 or by e-mail on [Wendy.Jesson@dumgal.gov.uk](mailto:Wendy.Jesson@dumgal.gov.uk)