

Dumfries and Galloway Council has created our own local provenance catering brand "Naturally D&G". This brand demonstrates that we are committed to supporting our local food industry and economy.



Specific dietary requirements

We also offer meals for specific dietary requirements, such as vegetarian, food allergies or intolerances, medically prescribed diets, or religion or culture.

If you require this please inform your school as soon as possible. Special dietary requirements will be managed in a way that is realistic to the catering section and child and therefore it may not be possible to accommodate all desired requirements.

Think Allergy!

Which ingredients can cause a problem?



GLUTEN



PEANUTS



NUTS



MILK



SOYA



MUSTARD



LUPINS



EGG



FISH



CRUSTACEAN



SHELLFISH



SESAME



CELERY



SULPHITE

Food Allergies and Intolerances:

Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.

Coming Soon!

Look out for our new school meals website, Facebook and Instagram pages



Pre-ordering lunch

We have introduced an order system for lunch. Please ask your Nursery Manager for a pre-order form.

You can choose 1 from each of the following groups:

- soup or pudding
- main course or deli lunch option
- an item from the salad option
- and a drink

Are you Entitled to Free School Meals?

Free school meals are provided for pupils of families on qualifying benefits and can lead to a large financial saving each year.



For further information please go to www.dumgal.gov.uk/schoolmeals or contact Education Support Services on

01387 260493.

Application forms are available at all schools and you can apply for a Clothing Grant on the same form.

More information relating to the School Meal Service can be found at

www.dumgal.gov.uk

Nursery SCHOOL MEALS

try them, you'll love them

Spring Summer 2020





Week 1 - 20 April, 11 May, 1 June, 22 June, 24 August, 14 September and 5 October

	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP		Tomato Soup (V)		Vegetable Soup (V)	
MAINS	Sausage Roll with Beans	Salmon Risotto and Peas	Roast Beef, Gravy, Yorkshire Pudding with Turnip and Carrot Mash and Mashed Potatoes	Turkey Lasagne with Salad and Garlic Bread	Breaded Fish with Mashed Potatoes and Peas
	or Vegetable Curry with Rice (V)	or Macaroni Cheese with Sliced Tomato and Peas (V)	or Vegetable Stir Fry with Noodles (V)	or Cheese and Tomato Panini with Mixed Salad, Coleslaw (V)	or Italian Pasta with Garlic Bread (V)
	or Choice of Roll, Sandwich, Wrap or Baked Potato with Ham, Tuna Mayo or Coronation Chicken	or Choice of Roll, Sandwich, Wrap or Baked Potato with Egg Mayo, Tuna or Cheese or Baked Potato with Cheese and Beans (V)	or Choice of Roll, Sandwich, Wrap or Baked Potato with Roast Beef or Egg Mayo	or Choice of Roll, Sandwich, Wrap or Baked Potato with Chicken, Tuna Mayo or Cheese or Baked Potato with Cheese and Beans (V)	or Choice of Roll, Sandwich, Wrap or Baked Potato with Chicken, Tuna or Egg Mayo
DESSERT	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Raspberry Muffin		Cranberry Crumble Cookie		Chocolate and Pear Brownie and Ice Cream

Week 2 - 27 April, 18 May, 8 June, 29 June, 31 August and 21 September

	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP		Chicken Noodle		Lentil Soup (V)	
MAINS	Salmon Finger Wrap with Mixed Salad	Sausage and Beans with Boiled Potatoes	Roast Chicken with Mashed Potatoes, Spring Greens and Carrots	Mince and Potatoes with Broccoli	Fish Pie with Peas
	or Cheese and Tomato Pizza, Coleslaw and Crunchy Salad (V)	or Vegetable Chow Mein (V)	or Vegetable Fajita with Mixed Salad (V)	or Savoury Rice(V)	or Penne Pasta in a Tomato and Basil Sauce with Garlic Bread (V)
	or Choice of Roll, Sandwich, Wrap or Baked Potato with Tuna or Egg Mayo or Baked Potato with Cheese and Beans	or Choice of Roll, Sandwich, Wrap or Baked Potato with Ham, Tuna Mayo or Chicken	or Choice of Roll, Sandwich, Wrap or Baked Potato with Tuna or Egg Mayo	or Choice of Roll, Sandwich, Wrap or Baked Potato with Tuna Mayo or Cheese or Baked Potato with Cheese and Beans	or Choice of Roll, Sandwich, Wrap or Baked Potato with Chicken, Tuna Mayo or Egg Mayo
DESSERT	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Sticky Chocolate Muffin		Shortbread and Fruit		Apple Sponge and Custard

Week 3 - 4 May, 25 May, 15 June, 17 August, 7 September and 28 September

	Monday	Tuesday	Wednesday	Thursday	Friday
SOUP		Leek and Potato Soup (V)		Lentil Soup (V)	
MAINS	Hot Dog Roll with Sweetcorn	Breaded Fish with Boiled Potatoes and Peas	Stewed Steak with Spring Greens, Sweetcorn and Mashed Potatoes	Salmon Pasta Bake with Broccoli	Beef Burger Roll with Tomato Relish and Mixed Salad
	or Macaroni Cheese with Peas (V)	or Vegetable Chilli with Rice (V)	or Sweet and Sour Vegetable noodle pot (V)	or Vegetable Pizza with Crunchy Salad and Coleslaw (V)	or Penne Pasta in a Tomato and Basil Sauce with Garlic Bread (V)
	or Choice of Roll, Sandwich, Wrap or Baked Potato with Ham, Egg Mayo or Cheese or Baked Potato with Cheese and Beans (V)	or Choice of Roll, Sandwich, Wrap or Baked Potato with Egg Mayo or Tuna Mayo	or Choice of Roll, Sandwich, Wrap or Baked Potato with Egg Mayo or Tuna	or Choice of Roll, Sandwich, Wrap or Baked Potato with Tuna Mayo or Cheese or Baked Potato with Cheese and Beans (V)	or Choice of Roll, Sandwich, Wrap or Baked Potato with Tuna Mayo, Egg Mayo or Chicken
DESSERT	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
	Banana and Toffee Muffin		Fruit Flapjack		Fruit Salad and Vanilla Ice Cream

(V) Vegetarian. Home baked products will be served as an accompaniment to fresh fruit