# Nithsdale October Holiday Club Activities



## Racketball

Laurieknowe Squash & Racketball Club

Tuesday 15 and 22 October

2pm - 3.30pm Primary 4 - 7 £2

Taster sessions that will help children to develop hand-eye coordination and learn the basic skills to play the sport.

Safety goggles are provided and must be worn when on court. All equipment provided. Clean, non-marking soles a necessity (i.e. no black-soled running shoes).

Table tennis table also available to play.

#### Booking essential Call Keith on 07710 462 909 or email keith@laurieknowesrc.co.uk to reserve your space.



Hockey Dumfries Hockey Club Youths

King George V Park, Queen of the South Academy, Dumfries

### Tuesday 15 and 22 October

6pm - 7pm Primary 2 - Secondary 2 £2 for non-members

## Tuesday 15 and 22 October

7pm - 9pm Secondary 3-6 Boys £4 for non-members

Wednesday 16 and 23 October 7pm - 9pm Secondary 3-6 Girls £4 for non-members

To book and for further information please contact: Gladys McClymont, Junior Convener, Dumfries Hockey Club on 07801 304 442 or email: treasurer@dumfriessportsclub.co.uk



### **GOLF** Thornhill Golf CLub

Wednesday 16 and 23 October Friday 18 and 25 October 10am - 2pm For children 5 - 14 years £3 for non-members

For those relatively new to golf, a chance to play some golf on the practice area and on the course.

To book and for further information please contact Thornhill Golf Club on 01838 331 779 or email: info@thornhillgolfclub.co.uk.



