

Dear Service User

THIS LETTER IS FOR INFORMATION ONLY

YOU DO NOT NEED TO TAKE ANY ACTION



This letter is about personal care for adults under 65.



The Scottish Government have changed the rules about this.



Adults under 65 will now receive free personal care.



Personal care means things that are done for you to help you live your life.



This includes things like showering, toileting and help with eating.



If you are under 65 and receive personal care, the Council will not charge you for this.



The Council will send you a letter if you have any other charges to pay.



You can look on the internet to find out more about free personal care for people under 65.



If you have any questions about this letter, please call the Council on 030 33 33 3001.

