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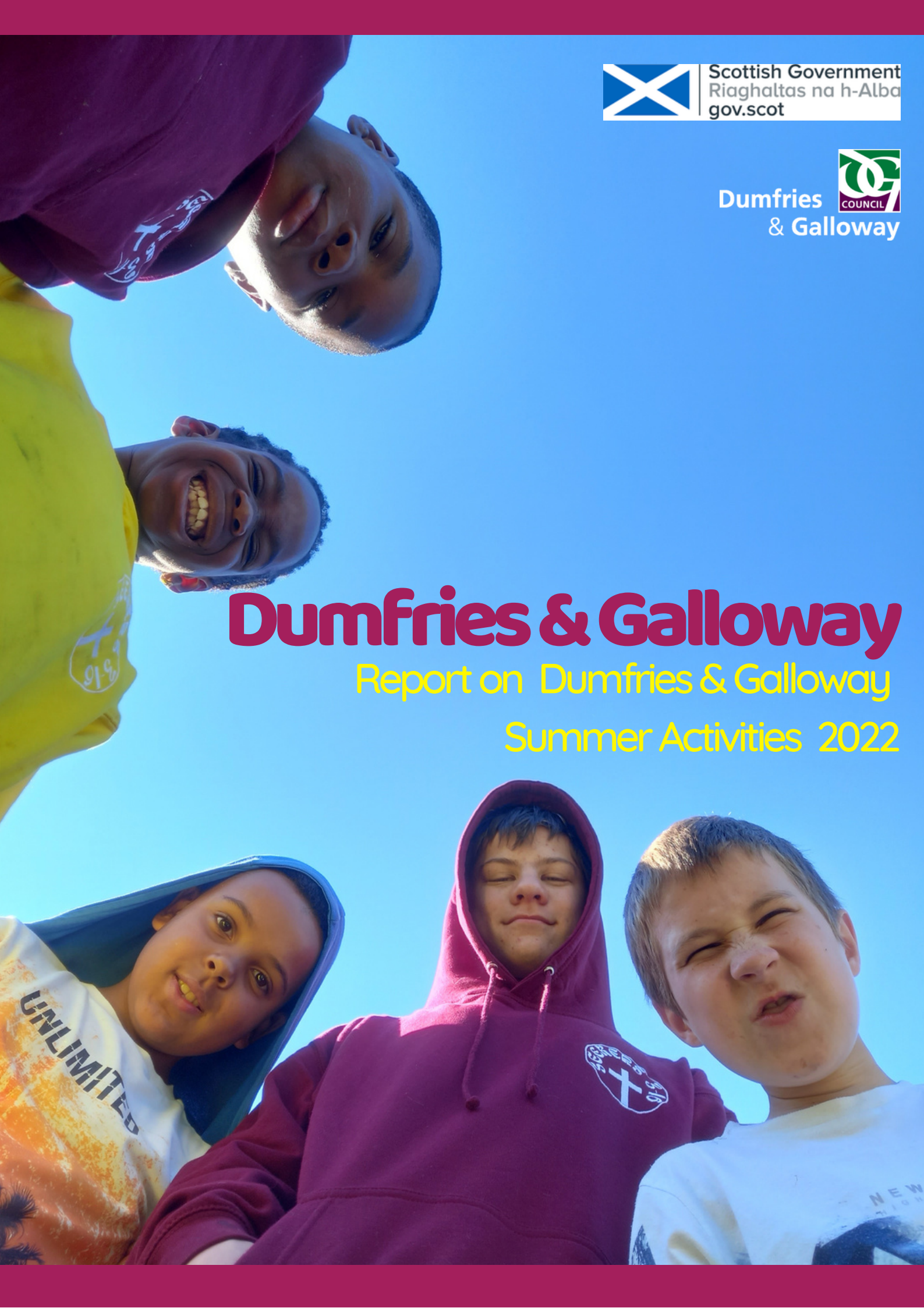


Dumfries  
& Galloway  
COUNCIL

# Dumfries & Galloway

Report on Dumfries & Galloway

Summer Activities 2022



# BACKGROUND

On 24 March 2021 The Scottish Government announced the £20 million Summer Offer for Children and Young People (Summer of Play) which would focus on the wellbeing of children and young people during the 2021 summer holidays and support existing provision of activities for children and young people and their families over the summer, ensuring they are provided with opportunities to socialise, play and reconnect within their local communities and environments.

In light of the positive evaluations of the 2021 programme on outcomes for young people, the Scottish Government made a commitment to continue the Summer of Play in 2022, however, the budget allocated was £15 million which was £5 million less than 2021. Through this offer, Dumfries and Galloway was allocated £329,037, which was a reduction of £199,963 from 2021.

Applications for funding and the programme development within an 8 week period, with the Youth Work Services leading on all arrangements.

The Summer Offer sought to specifically target those children and young people that are our most vulnerable including:

- Lone Parent Families
- Families which include a disabled adult or child
- Larger Families (3 or more children)
- Minority Ethnic Families
- Families with a child under one year old in the household
- Families where the mother is under 25 years of age

# LOCAL OFFER

The allocation of funding to Dumfries and Galloway was utilised to create a funding opportunity to allow Third Sector and Council Services to apply for funding to deliver activities under the 'Summer of Play' banner over the summer holiday period. A funding pot was made available to both Council and Third Sector Services

We worked with Third Sector Dumfries and Galloway to develop the arrangements for the Third Sector fund, to ensure it was co-designed with the sector. Third Sector organisations were invited to apply for funding of up to £20,000.

Council services were also invited to apply for funding to enable them to offer their services free of charge for children and young people across our Region. Council services were invited to apply for funding of up to £35,000 with applications of up to £65,000 being considered if they demonstrated a significant impact on children and young people, worked with multiple partners, or covered more than one area of Dumfries and Galloway.

Below is a summary of the delivery that took place during the Summer;

- 9,076 children and young people aged 5-14 years old in Dumfries and Galloway took part in at least of one of the activities on offer
- Activities took place in all Wards
- There was activity on every day between 2nd July and 21th August
- 54% of participants identified as female
- 43% of participants identified as male
- 3% of participants preferred not to declare a gender

# CO-PRODUCTION & PRIORITIES

As the offer was aimed specifically at children and young people, it was important that they were involved from the very beginning of the planning process for the funding. As such, 2 co-production groups were created (Primary 1 to Primary 5 & S1 to S6) in early May to ensure their views were heard. The children and young people from the co-design groups identified the following key priorities that planned activities would cover, and applicants were required to demonstrate how their activity met one or more of these priorities within their application.

## **PRIORITY 1 - ACCESSIBILITY**

- This priority covers transport (bus or train passes, and taxi costs if the young person's home, or the venue is unreachable by public transport) and physical accessibility (where possible) to ensure there are a wide range of activities for young people with health conditions or impairments to participate in.

## **PRIORITY 2 - SPORTS**

- Lessons or Classes i.e. Horse Riding, Boxing, Yoga, Dance, Skating, Water Sports etc.
- Access i.e. Gym, Swimming, Ice Skating or Hockey, Curling, Golf, Rock Climbing, Football/Rugby Pitches, Go Karting, Paint Balling, Water Sports, Trampolining, Outdoor Activity Centres etc.
- Spectator/Entry Tickets i.e. Football Matches, Competitions, Ice Hockey etc.

## **PRIORITY 3 - CULTURE, ARTS & PERFORMANCE**

- Clubs, Workshops, Camps i.e. Dance, Theatre, Drama, Acting, Production, Stage Make-Up, Costume Design, Photography etc.
- Skills Classes i.e. Pottery, Paper Craft, Jewellery or Silver Smithing, Drawing etc.
- Access i.e. Cinema (Indoor or Outdoor), Museums, Galleries, Shows, Performances etc.

## **PRIORITY 4 - RECREATION, SOCIAL & LEARNING**

- Events i.e. Discos, Dances, Proms, Band Nights, Fairgrounds, Comedy Nights etc.
- Workshops or Lessons i.e. Survival Skills, Wild Camping Sessions, Driving Lessons etc.
- Access i.e. Gaming, Arcades, Virtual Reality (VR), Escape Rooms, Soft Play, Laser Quest, Zoo or Safari Parks, Self-Care or Beauty Treatments, Amusement or Theme Parks, Campsites, Residential Centres, etc.
- Equipment i.e. Camping and Hill Walking

## **PRIORITY 5 - FOOD**

- Workshops or Lessons i.e. Cooking, Baking or Sugar Craft, Chocolate or Ice Cream Making, etc.
- Access or Events i.e. Food Festivals or Markets, Cooking Schools etc.

## **PRIORITY 6 - NATURE & OUTDOOR**

- Outdoor sessions i.e. Den building, pond dipping, treasure hunts
- Trips i.e. Beach days, forest walks
- Educational sessions i.e. travelling zoo, building bug hotel, science experiments.



# FUNDING CRITERIA

The co-production groups also set the funding criteria for applicants, putting a local perspective on the fund and complementing the Scottish Government guidance, the criteria was;

All activities funded must:

- All activities must be free of charge for all children and young people up to the age of 14 (up to 21 for care experienced young people)
- All activities should be developed alongside children and young people- you should involve children & young people in co-designing the project
- Must include substantial food element if planned activity lasts longer than 3 or more hours (food must be provided free of charge)
- Cannot be used to fund activity that would have already taken place without this funding (even pre-COVID), but can be used to fund additional activities, extensions or increase to existing activities.

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- Lone Parent Families
- Families which include a disabled adult or child
- Larger Families (3 or more children)
- Minority Ethnic Families
- Families with a child under one year old in the household
- Families where the mother is under 25 years of age





# THIRD SECTOR FUNDED ORGANISATIONS

Applications for funding were open in May, with assessment panels consisting of young people from the co-production groups alongside Council Officers and Third Sector partners taking place.

The below table lists the Third Sector organisations who were successful in their application for funding. This shows the broad spread of funding across our Region, ensuring all young people from across Dumfries and Galloway were able to access activities and programmes in their own communities.

NAME OF ORGANISATION	LOCALITY
A&E YOUTH GROUP	ANNANDALE AND ESKDALE
CREATION MILL	ANNANDALE AND ESKDALE
DUMFRIES CRICKET CLUB	NITHSDALE
HEATHHALL COMMUNITY CENTRE COMMITTEE	NITHSDALE
HOME GROWN CHILDMINDING	STEWARTRY
INCLUDE US	NITHSDALE
JOHNSTON NURSERY	STEWARTRY
KBT DARK SPACE PLANETARIUM	STEWARTRY
LET'S GET SPORTY	REGIONAL
LOCAL INITIATIVES IN NEW GALLOWAY	STEWARTRY
LOCHSIDE COMMUNITY ASSOCIATION	NITHSDALE
MID AND UPPER YOUTH FORUM	NITHSDALE
NEWTON STEWART INITIATIVE	WIGTOWNSHIRE
PARENTS INCLUSION NETWORK (PIN)	REGIONAL
QUEEN OF THE SOUTH FC	NITHSDALE
RH YOUTH ORGANISATION	ANNANDALE & ESKDALE
SPORTS DRIVING UNLIMITED	ANNANDALE & ESKDALE
ST. ANDREWS CHURCH MOFFAT	ANNANDALE & ESKDALE
STEWARTRY YOUTH WORK STEERING GROUP	STEWARTRY
STRANRAER COMMUNITY EVENTS GROUP	WIGTOWNSHIRE
STRANRAER YOUTH CAFE	WIGTOWNSHIRE
SUMMERHILL COMMUNITY CENTRE	NITHSDALE
THE ATTIC YOUTH GROUP	NITHSDALE
THEATRE ROYAL DUMFRIES	NITHSDALE
WIGTOWN BAY COASTAL ROWING CLUB	WIGTOWNSHIRE
WISE OWLS NURSERY	ANNANDALE & ESKDALE
YES DUMFRIES	NITHSDALE
YMCA DUMFRIES	NITHSDALE
YMCA STRANRAER	WIGTOWNSHIRE
SUMMER ROADSHOWS	REGIONAL
<b>TOTAL AWARDED</b>	<b>£235,000</b>

# COUNCIL SERVICES

In addition to Third Sector organisations being able to apply for funding, internal Council services were also invited to apply for funding.

Council services were required to follow the application procedures and criteria as set out by the co-production group as with Third Sector organisations, and were assessed and awarded at a scoring panel along with Third Sector organisations.

The below table lists the Council Services that were successful in their application for funding.

COUNCIL SERVICE	LOCALITY
YOUTH WORK SERVICE	REGIONAL
LIFELONG LEARNING SERVICE	REGIONAL
ARTS & MUSEUMS	REGIONAL
CHILDREN, FAMILIES & SOCIAL WORK	REGIONAL
DISABILITY SPORT	REGIONAL
LEISURE FACILITIES	REGIONAL
DG YOUTH COUNCIL	REGIONAL
<b>TOTAL ALLOCATED</b>	<b>£340,000</b>



# EXAMPLES OF FUNDED PROJECTS

## A&E YOUTH GROUP - ANNANDALE & ESKDALE

### **What was the offer to children and young people?**

A&E Youth Group used their funding to provide activity days out and workshops for young people in the Annandale and Eskdale region, these included Bouldover climbing centre, escape room, lazer tag and crazy golf. Workshops on circus skills, orienteering and outdoor adventure were also delivered. Sessions for young parents and children were also delivered with 'Tumble Tots'

This year's funding has allowed A&E youth group to put more local groups on for young people of the priority groups without the pressure of being far from home for long periods of time. Last year they focussed on young people going on trips and gaining opportunities out with A&E. This year there was a real focus on showcasing the best of Annandale and Eskdale and providing free opportunities for young people in their area with the prospect of supporting them to carry on the experiences with out us being there.

### **What were the outcomes for children and young people?**

The activities have given young people a different environment to get creative whilst have fun and eat. Young people had various opportunities from being outdoors, visiting new cities and meeting new coaches.

Young people advised that days they are not with the group, they are bored and hungry but they enjoy coming in and getting challenged as well as fed. They learn new skills that are fun but also interested in then looking at doing these skills more as hobbies e.g. the circus workshop young people want to learn more about the skills and get better at them.

Other young people have advised that they wish the group was open all the time so they could just move in. They have become a respite for so many young people.

### **How many different children and young people took part?**

In total 53 young people took part in their activities

## INCLUDE US - NITHSDALE

### **What was the offer to children and young people?**

Include Us delivered 8 sessions called 'Masterpiece Mondays' where children were inspired to create their own artwork and crafts based on the work and techniques of a different famous artist each week. Themes were Van Gogh's Sunflowers, Monet's Waterlilies, Georgia O'Keefe's Poppies and Klimt's Tree of Knowledge. Each session children learned a new craft activity. They covered Mandala Stone and Canvas Dot Painting, Puppet Making, Jewellery Making and creating Plant Pot Heads which the children used plants to create the hair.

Themes for 'Plantasia' had been selected in advance based on consultation with children and young people using the park. The themes delivered were: Jurassic Park, The Wizard of Oz, The Jungle, Encanto, The Beach and Sweet Shop.

### **What were the outcomes for children and young people?**

Children and young people improved their wellbeing from engaging in active workshops outdoors in nature. Children and young people had greater social cohesion from spending time with peers with diverse needs. Children and young people increased their social circles and enjoyed quality child-led time with peers. Children and young people developed greater independence as they tackled new ideas and experimenting with resources without parental intervention. Children and young people were better connected to their local community and developed increased pride in their abilities and accomplishments.

Since the summer programme ended they have had many visitors to view the Plantasia exhibits. Children and families are still enjoying studying them and playing with some parts of them (such as the Jurassic Park dinosaurs). The display continues to inspire, educate and provide enjoyment for many people. Children that were involved are often in the park showing friends or extended family members which parts they contributed to and feeling so proud of their handiwork.

### **How many different children and young people took part?**

In total 155 children and young people took part in the sessions



# EXAMPLES OF FUNDED PROJECTS

## MID & UPPER NITHSDALE YOUTH FORUM

### What was the offer to children and young people?

During the Summer, thanks to the funding Mid and Upper Nithsdale Youth Forum were able to deliver a programme for young people in Sanquhar, Kirkconnel and Kelloholm. The sessions included soft play for young children and sessions for young parents to learn new and vital life skills, including cooking on a budget.

Over the summer they also ran a number of tuition-based workshops for young people, including DJ and Graffiti workshops.

They also delivered a family fun day where young people were instrumental in deciding on the different activities on offer, including inflatables, face painting, mini sports day and a football match.

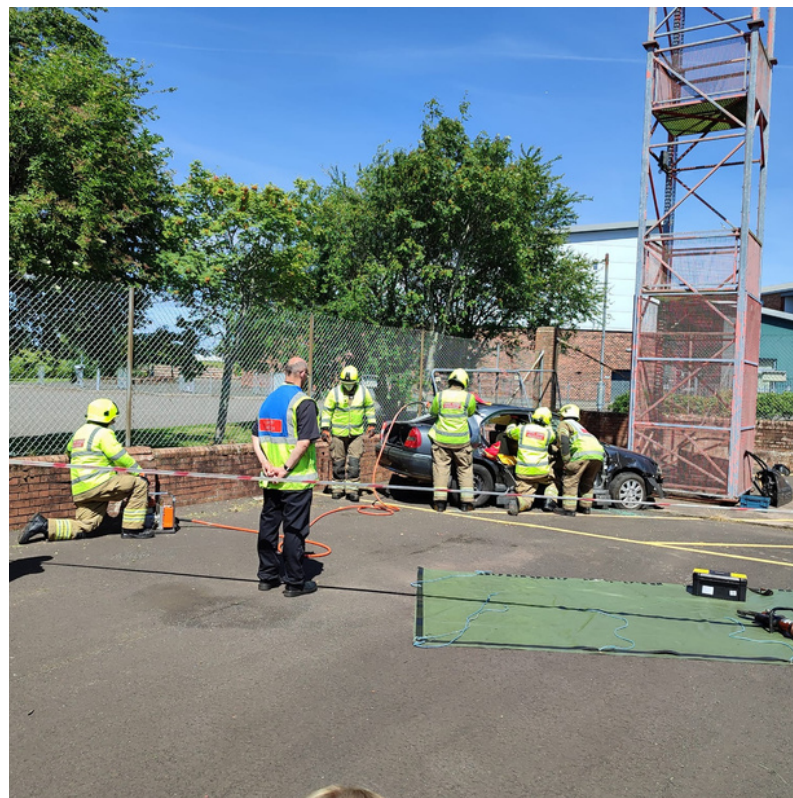
### What were the outcomes for children and young people?

Young people made new friends, built their confidence, skills and knowledge and pushed themselves outside their comfort zone to try new things. Young people, partners and families have all commented on the different activities and how it has allowed young people from the 3 communities to come together.

For the young parents it was also good to provide different opportunities for the parents to learn new skills and just have some time for themselves for a couple of hours and they reflected that the time with their peers to take some time out was really good for their mental health and wellbeing.

### How many different children and young people took part?

In total 234 children and young people took part in the sessions



# EXAMPLES OF FUNDED PROJECTS

## STEWARTRY YOUTH WORK STEERING GROUP - STEWARTRY

### **What was the offer to children and young people?**

Stewartry Youth Work Steering Group provided activities over 5 weeks for young people including sessions for young parents and their children, open mic music sessions, team building challenges, inflatable activity days, sports activities BBQ and beach days,

### **What were the outcomes for children and young people?**

Young people over the course of the summer took part in activities that aimed to build their confidence and resilience. Young people benefited from strengthened support networks particularly around large families and lone parent families through activities such as Open Mic Nights and BBQ Afternoons.

Through the Team Building Challenge Days young people had the opportunity to develop their physical and inter-personal skills through active play within the inflatable challenges and mental enrichment through the problem-solving tasks. Young people participated in activities that improved their learning when engaging with tutors and instructors with specific skill sets and experiences.

Feedback from young people and their families mostly reflected on the fact that for a lot of the smaller communities there is usually not a lot of different activities on offer for young people. Families were appreciative of the no cost element of these activities and that young people were being fed as these groups. Being able to provide extra items such as back to school bags means that there are positive impacts even after the summer.

### **How many different children and young people took part?**

In total 45 children and young people took part in the sessions

## STRANRAER YOUTH CAFE - WIGTOWNSHIRE

### **What was the offer to children and young people?**

Over the summer holidays, Stranraer Youth Café offered a varied programme of free activities for young people in Stranraer and Mid Galloway. The activities on offer included full day events, workshops and activity sessions, and was delivered by youth workers and young volunteers.

The sessions included golf lessons, music events, free cinema nights, cooking classes, VR gaming parties, drama workshops and outdoor activities. The young people participating in the programme enjoyed the opportunity to take part in fun activities with their friends, trying out new things and having somewhere to go and something to look forward to during the summer.

They also delivered 2 events for 11 – 12 year-olds, who were moving up to secondary school after the summer. Workshops exploring the anxieties and worries about going to high school and what they were most looking forward too were offered, as part of a 'pool party' where young people enjoyed time in the swimming pool with giant inflatables.

### **What were the outcomes for children and young people?**

The majority of young people who attend activities come from neighbourhoods in Stranraer and the Machars that are considered to be areas of high deprivation and disadvantage. They know that for some of them, summer holiday periods can feel long and boring compared to others, as they have lack of routine, things to do and less social opportunities that they may get during the school term. Family budgets are over stretched during the holidays, adding additional stress to the family. A high proportion of the young people come from larger families, where overcrowding in the home presents its own challenges.

This programme has given young people opportunity get a break from home, have something to look forward to each week, maintain contact with their friend groups and, most importantly, have fun.

This has supported young people's wellbeing and overall happiness, by ensuring they have the same opportunities as other young people their age, with no pressure or stress around having access to money, transport or having the right equipment needed to take part in some of the activities available.

### **How many different children and young people took part?**

In total 97 young people took part in the programme with 14 different activities offered



# EXAMPLES OF FUNDED PROJECTS

## LET'S GET SPORTY - REGIONWIDE

### What was the offer to children and young people?

Let's Get Sporty travelled to communities throughout Dumfries & Galloway and delivered new sport to children that they might not have had the opportunity to try before, this decreased the barriers that some of these children may face.

As part of their Lets Get Employed Programme they were able to bring along some young volunteers to our roadshows, encouraging these age groups to come along and help us deliver the project, they work on communication, confidence and problem solving, this helps create multi – generational links in the community.

The roadshow events covered the entire region and we managed to deliver sessions within Nithsdale, Annandale and Eskdale and Stewarty, they visited communities they would not normally get the opportunity to deliver in which proved a great success for the participants and Let's Get Sporty.

### What were the outcomes for children and young people?

Let's Get Sporty delivering sessions in Dumfries and Galloway this summer has been a positive experience. It has really improved children's health and wellbeing and created some positive friendships out with school.

Some of the benefits from the project include-

- Improved mental wellbeing
- Improved confidence
- Improved mood
- Improved coordination and balance
- Reduced depression and anxiety
- Positive friendships

The roadshow brought communities together by attracting children and young individuals out of their home and having them interacting with others within their community, it brought something new to the community that both children and parents/carers could enjoy.

### How many different children and young people took part?

In total 579 children and young people took part in the sessions





# THE AMAZING SUMMER ROADSHOW! - REGIONWIDE

## ACTIVE SCHOOLS, LIFELONG LEARNING, YOUTH WORK SERVICE & THIRD SECTOR PARTNERS

The Amazing Summer Roadshows seen 131 pop-up community events delivered across 78 remote and rural communities in Dumfries and Galloway.

The Roadshows are partnership events delivered by Dumfries and Galloway Council's Youth Work, Lifelong Learning and Active Schools Services, with support given this year by a wide range of Community Planning Partners such as Third Sector providers and NHS Dumfries and Galloway through the CAMHS participation team.

Roadshows were uniform in their delivery with each pop-up bringing a the same core offer of activities to communities. This included; sports coaching, a gaming console trailer, music, snacks, circus skills and big outdoor games, information about local services, arts and creative crafts and adventure activities.

Food was provided across all roadshows with refreshments such as fruit available for children, young people and families at no cost.



# 4,330

**CHILDREN AND YOUNG PEOPLE TOOK PART IN THE AMAZING SUMMER ROADSHOW**

The roadshows were valued by the community in that the majority of the rural communities visited would not typically have services delivered locally. It provided activities in communities affected by rural isolation and ensured an opportunity for children and young people to meet in a safe space and try new things.

## THE AMAZING SUMMER ROADSHOW VISITED THE FOLLOWING LOCATIONS

AE - AMISFIELD - ANNAN - AUCHENCAIRN - AULDGIRTH - BEATTOCK - BORELAND - CALSIDE - CANONBIE - CARGENBRIDGE - CASTLE DOUGLAS - CLOSEBURN - COLLIN - CREETOWN - CROCKETFORD - CROSSMICHAEL - DALBEATTIE - DOCK PARK - DUNSCORE - EAGLESFIELD - EASTRIGGS - ECCLEFECHAN - GARLIESTON - GATEHOUSE OF FLEET - GELSTON - GEORGETOWN - GLENLUCE - GRETNA - HAUGH OF URR - HEATHHALL - HIGHTAE - HOLYWOOD - JOHNSTONEBRIDGE - KELLOHLM - KINGHOLM QUAY - KIRKBEAN - KIRKCOLM - KIRKOWAN - KIRKCUDBRIGHT - KIRKINNER - KIRKPATRICK FLEMING - KIRKTON - LANGHOLM - LINCLUDEN - LOCHARBRIGGS - LOCHFOOT - LOCHMABEN - LOCKERBIE - MOFFAT - MONIAIVE - NEW ABBEY - NEW GALLOWAY - NEW LUCE - NEWTON STEWART - PALNACKIE - PARKGATE - PENPONT - PORT WILLIAM - PORTPATRICK - SANDHEAD - SANDSIDE - SANQUHAR - SANQUHAR - SPRINGHOLM - ST JOHNS TOWN OF DALRY - STRANRAER - SUMMERHILL - THORNHILL - TWYNHOLM - WANLOCKHEAD - WHITHORN - WIGTOWN



# YOUTH WORK SUMMER CAMPS - REGIONWIDE

6 amazing summer camps were delivered across the summer, each comprising of 3 days of activities for young people, including an overnight camping residential at St Ann's campsite at Beattock. Young people attending the camps were provided with all the equipment needed to take part, including tents, sleeping bags, water bottles, clothing, and all the transport, meals and activities were completely free of charge, enabling all young people to participate without any financial barriers. 544 unique young people attended the summer camps, that included a range of outdoor activities, music events, climate change workshops, and interactive workshops delivered by the Scottish Fire and Rescue Service, educating young people on the dangers of fire raising and wild swimming.

Our main focus over the holidays was to create fun, safe and nurturing spaces for young people to access support in their own communities, access free food, maintain friendships, try out new activities and learn new skills. Packed lunches and meals were provided at all our session and were well received by young people.

We have received feedback from families, who said that the provision of free activities and food for young people during the holidays has significantly reduced the pressure on the family income, enabling them to better manage the additional costs that they occur during the school holidays.

The amazing summer camps, would not have been possible without this funding. The experience young people have gained from participating in residential opportunities has had a much greater impact than what we would have been able to provide in our traditional programmes. Young people's confidence and self esteem has been improved, and in some cases restored, as we continue to navigate a post pandemic world.

Creating opportunities for young people to challenge and engage themselves in a residential environment, has enhanced their willingness to try something new and develop self-belief. For many young people participating in the camp's, this was their first time away from home and their parents or guardians, and was a positive experience, building independence and confidence, in a safe and supportive environment

## ***IN TOTAL 544 YOUNG PEOPLE TOOK PART IN THE AMAZING SUMMER CAMPS***

***"I FELT ANXIOUS ABOUT GOING AWAY CAMPING, BUT I AM GLAD IT DID IT,  
BECAUSE NOW I KNOW I CAN"***

***"I'VE MADE LOTS OF NEW FRIENDS FROM DALBEATTIE AND DUMFRIES, WE  
ARE GOING TO STAY IN TOUCH AND VISIT EACH OTHER AFTER THE  
SUMMER"***

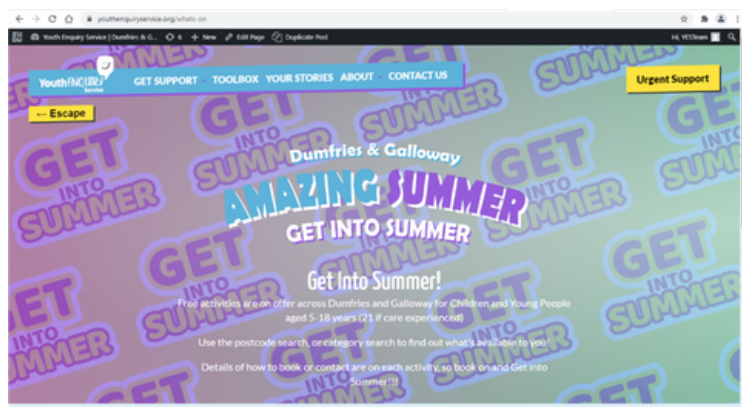




# MARKETING & PROMOTION

With a vast array of programmes and activities on offer across our region, a co-ordinated marketing and promotional campaign was created and delivered.

In terms of young people accessing all the information on what was on offer to them, a dedicated webpage was used as the main access point to list all opportunities, and gave children and young people the option of listing information in relation to their home postcode (telling them how far away activities were from them) as well as allowing them to filter activities to suit their own interests, such as sports, arts, nature, outdoors.



From here, young people were able to get information on all the activities on offer and see information on how to book spaces on to activities.

As the Summer activities were aimed at children and young people, social media played a key role in promotion of activities. In order to have a co-ordinated approach to marketing and promotion, funded organisations were provided with social media copy and images that they used to market the programme. This ensured that messaging was consistent and in line with set branding guidelines provided by Scottish Government.













# **Report on Dumfries & Galloway Summer Activities 2022**

**For more information on Dumfries & Galloway's Summer programme, please  
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