

ADULT SUMMER PROGRAMME 2022

Dumfries / Castle Douglas

For more information contact
Susan Brown, Lifelong Learning Officer
email susan.brown@dumgal.gov.uk
tel 07920 528 209

**Lifelong
Learning
Service**

MON 11 JULY

Health Walk

North West Resource
Centre, Dumfries
10am

WED 13 JULY

Adult Craft Class

The Bridge, Dumfries
10am-12noon

THUR 14 JULY

Stroll in the Park

Dock Park, Dumfries
11am

Cooking on a Budget

Summerhill Community Centre
12noon-3pm

Adult Craft Class

Castle Douglas Community Centre
1.30-3.30pm

MON 18 JULY

Health Walk

North West Resource
Centre, Dumfries
10am

TUE 19 JULY

Stroll in the Park

The Crichton,
Dumfries
1.30pm

WED 20 JULY

Adult Craft Class

10am-12noon,
The Bridge, Dumfries

THUR 21 JULY

Card Making

The Bridge, Dumfries
1.30-3.30pm

Adult Craft Class

Castle Douglas Community Centre
1.30-3.30pm

MON 1 AUG

Health Walk

North West Resource
Centre, Dumfries
10am

TUE 2 AUG

Card Making

The Bridge, Dumfries
1.30-3.30pm

WED 3 AUG

Adult Craft Class

The Bridge, Dumfries
10am-12noon

THUR 4 AUG

Stroll in the Park

11am Dock Park,
Dumfries

Adult Craft Class

Castle Douglas Community Centre
1.30-3.30pm

MON 8 AUG

Health Walk

North West Resource
Centre, Dumfries
10am

TUE 9 AUG

Stroll in the Park

The Crichton,
Dumfries
1.30pm

WED 10 AUG

Adult Craft Class

The Bridge, Dumfries
10am-12noon

THUR 11 AUG

Card Making

The Bridge, Dumfries
1.30-3.30pm

Cooking on a Budget

Summerhill Community Centre,
Dumfries
12noon-3pm

Adult Craft Class

Castle Douglas Community Centre
1.30-3.30pm



ADULT SUMMER PROGRAMME 2022

Newton Stewart

For more information contact
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**Lifelong
Learning
Service**



MON 11 JULY

**Accessible Art for
Mental Health**

Newton Stewart Customer
Service Centre
10am-12noon

TUE 12 JULY

Walk & Talk
Old Health Centre
Car Park
3pm-4pm

WED 13 JULY

Brew & Blether
Newton Stewart
Customer Service
Centre
10.30am-11.30am

Relax Hour with Gayle

Newton Stewart Customer
Service Centre
2pm-3pm

MON 18 JULY

**Accessible Art for
Mental Health**

Newton Stewart Customer
Service Centre
10am-12noon

WED 20 JULY

Card Making
Newton Stewart
Customer Service
Centre
1.30pm-3.00pm



TUE 2 AUGUST

Walk & Talk
Old Health Centre
Car Park
3pm-4.00pm

WED 3 AUGUST

Card Making
Newton Stewart
Customer Services
Centre
10am-12.00noon

THUR 4 AUGUST

Relax Hour with Gayle
2pm-3pm

MON 8 AUGUST

Relax Hour with Gayle
Newton Stewart Customer
Service Centre
2pm-3pm



WED 10 AUGUST

Brew & Blether
Newton Stewart
Customer Service
Centre
10.30am-11.30am

THUR 11 AUGUST

Relax Hour with Gayle
Newton Stewart
Customer Service Centre
2pm-3.00pm



ADULT SUMMER PROGRAMME 2022

Stranraer

Lifelong Learning Service

For more information contact
Susan Brown, Lifelong Learning Officer
email susan.brown@dumgal.gov.uk
tel 07920 528 209



MON 11 JULY

Card Making

Stranraer Customer Service Centre
11am-12.30pm

TUE 12 JULY

Beginners Spanish

Dumfries and Galloway College
(Stranraer Campus)
1.30pm-2.30pm

WED 1 JULY

Card Making

Stranraer Customer Service Centre
11am-12.30pm

THUR 14 JULY

Stroll in the Park

Agnew Park,
Stranraer
1.30pm

MON 18 JULY

Beginners Spanish

Dumfries and Galloway College
(Stranraer Campus)
10.30am-11.30am

TUE 19 JULY

Card Making

Millennium Centre,
Stranraer
1.30pm-3pm

WED 20 JULY

Card Making

Stranraer Customer Service Centre
10.30am-12noon

THUR 21 JULY

Stroll in the Park

Agnew Park,
Stranraer
1.30pm

MON 1 AUGUST

Cooking on a Budget

Dumfries and Galloway College,
(Stranraer Campus)
9am-12noon

TUE 2 AUGUST

Beginners Spanish

Dumfries and Galloway College,
(Stranraer Campus)
10.30am-11.30am

WED 3 AUGUST

Card Making

Stranraer Customer Service Centre
1.30pm-3pm

THUR 4 AUGUST

Stroll in the Park

Agnew Park,
Stranraer
1.30pm

Beginners Spanish

Dumfries and Galloway College,
(Stranraer Campus)
1.30pm-2.30pm

MON 8 AUGUST

Card Making

Stranraer Customer Service Centre
11am-12.30

TUE 9 AUGUST

Cooking on a Budget

Dumfries and Galloway College,
(Stranraer Campus)
9am-12noon

WED 10 AUGUST

Card Making

Stranraer Customer Service Centre
1.30pm-3.00pm

THUR 11 AUGUST

Stroll in the Park

Agnew Park,
Stranraer
1.30pm

